Take Care of Your Hands
Your Most Important Asset

**SKIN CONDITIONING**
For the latest and best conditioner for dry or chapped skin.

- **GOJO® HAND MEDIC®** Professional Skin Conditioner
  - Roll on around the dry, chapped skin, fingers, elbows, and right.

**SOIL REMOVING HAND CLEANERS**
For removing tough soils. Use in the shop, on the job site, in the truck and on the utility cart.

- **GOJO® Cherry Pumice Hand Cleaner**
  - Removes heavy dirt, grease and oil.

- **GOJO® NATURAL* ORANGE™**
  - Medium to heavy grease, dirt and oil.

- **GOJO ECO SOY™**
  - Removes tar, carbon black, light adhesives, epoxies and sealants.

**GENERAL CLEANSING**
General handwashing. Certified by Green Seal™ and EcoLogo™.

- **GOJO® Premium Foam Handwash with Skin Conditioners &**
  - General handwashing and germ killing.

**HAND SANITIZERS**
Quick one step heavy duty cleaning, at the job site or workbench, when handwashing facilities aren’t available.

- **PURELL® Instant Hand Sanitizer**
  - Wash hands before and after using the restroom to avoid getting irritants on parts of your body other than your hands.

- **GOJO® Hand, Hair & Body Shampoo**
  - Make it a habit to take care of your hands.

**SKIN CONDITIONING**
Use towels on water as cleaning begins.

- **GOJO® FAST WIPES**
  - Rinse and dry.

- **GOJO® Scrubbing Wipes**
  - Start cleaning with DRY hands, lather and rinse.

**GENERAL CLEANSING**
General handwashing.

- **GOJO® Green Certified Foam Hand Cleaner**
  - Start with WET hands, lather and rinse.

- **GOJO® Pumice Hand Cleaner**
  - Start with WET hands, lather and rinse.

- **GOJO® Liquid Hand Cleaner**
  - Start with WET hands, lather and rinse.

**HAND SANITIZERS**
Wipes anywhere heavy duty cleaning is required, no water needed.

- **Pur Enriched Instant Hand Sanitizer**
  - Keep your tools clean to help keep your hands clean.

**You rely on your hands.**
Hardworking hands that are healthy begin with the right kind of skin care.

**Recommendations**
- Use GOJO® HAND MEDIC® Professional Skin Conditioner before work to help condition hands and to promote quick clean-up.
- Wash regularly. Make it a habit to take care of your hands.
- Wash properly with the right kind of cleaner for your particular soils.
- Use the gentlest cleaner that quickly removes the soil.
- Wash your hands in comfortably warm, running water when they are dirty.
- Use GOJO FAST WIPES® for “in-between” clean-ups. This disposable wipe, impregnated with hand cleaner, is handy for jobsite or work bench clean-ups.
- Use GOJO Scrubbing Wipes anywhere heavy duty cleaning is required, no water needed.
- Keep your tools clean to help keep your hands clean.

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Hardworking hands that are healthy begin with the right kind of skin care.

**Do**
- Wash hands before and after using the restroom to avoid getting irritants on parts of your body other than your hands.
- Wear personal protective equipment whenever possible to avoid contact with substances that may be harmful to your skin. When contact with irritants is unavoidable, wash up immediately afterwards.
- Change work clothes, including coveralls, at least daily. Chemicals, grease and grime can soak right through clothing, allowing prolonged contact with skin. Be sure work clothes are washed separately from your family’s laundry so you won’t be spreading contaminants to their clothing.
- Use GOJO® HAND MEDIC® Professional Skin Conditioner after work to help condition skin.
- Report changes in your skin condition.

**Don’t**
- Never expose unprotected skin to harsh chemicals.
- Never use harsh detergents, solvents or irritant chemicals, such as gasoline, turpentine or benzene, to clean skin. Always use an approved skin cleansing product.
- Never eat, drink or smoke with dirty hands. Harmful chemicals can enter the body through the mouth and could damage vital organs.
- Don’t use regular bar or lotion soap if your hands are full of grease and grime. A weak soap can cause you to scrub too hard to get your hands clean. Use the appropriate hand cleaner.
- Don’t use abrasives or brushes that aren’t designed for your skin. They can cause damage.

*National Occupational Research Agenda, Mega & Irvin Cornwell, 1995*
**Understanding The Personal Benefits**

**Damaged skin**
Tiny cracks in the surface of damaged skin permit natural oils and moisture to escape and allow outside substances to irritate and potentially enter the bloodstream.

**Healthy skin**
Healthy, well-conditioned skin retains more moisture and is less likely to absorb and react to incidental exposure to irritants.

**Prevention is Critical**
The National Occupational Research Agenda (NORA) reported that once workers acquire irritant contact dermatitis, 75% of cases may become chronic. A chronic skin condition will usually require ongoing medical care and lessen your quality of life. Conditioning your skin often and washing your skin properly will help maintain good skin condition, which will ultimately help prevent irritant contact dermatitis before it can become a permanent and painful problem.

**GOJO HAND MEDIC Works**
GOJO HAND MEDIC is specifically formulated for professional technicians for use in their work environments. Quickly absorbs, with no greasy after-feel. Use before work, after handwashing and at night to help maintain the skin’s natural protective barrier. Silicone and fragrance-free.

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**Clean**

**Start**
See the Product Recommendation Chart (on reverse side) to determine if hands should start wet or dry. It makes a difference!

**Rinse**
Rinse with water after thoroughly loosening grease and grime. As you rinse, rub your hands together to help release cleaner and grime.

**Sanitize**

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**Gradually Add Water**
Gradually add water while rubbing your hands together. Use fingernails to get your hands cleaner and prevent dirt from building up under them.

**Dry**
Pat your hands dry with a clean towel to lessen scratching or irritation. Dry hands completely.

**Condition**

**Before Work**
Before beginning work, apply GOJO® HAND MEDIC® Professional Skin Conditioner to clean, dry hands. Only use a little. Rub into hands and fingertips for 15 seconds. This will help condition hands and make clean-up easier.

**After Each Clean-up**
Apply GOJO HAND MEDIC Professional Skin Conditioner to hands after each thorough clean-up. This will help condition your skin prior to returning to work.

**End of Day**
Use GOJO HAND MEDIC Professional Skin Conditioner to help condition hands at the end of the day. This helps to maintain the skin’s natural condition after a day’s work.

**Bedtime**
Use GOJO HAND MEDIC Professional Skin Conditioner at bedtime to help condition dry, rough, cracked hands while you sleep.

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**Clean Condition**

**Sanitize**

**Rub Hands**
Rub hands together briskly until dry.